



Emerging Spirits Happy-nings

Reverend Jymmisms

Happy Thanksgiving! What a wonderful opportunity to come together with family and friends in the spirit of gratitude. The fields of our thoughts have been harvested and we find that we are truly blessed by what God has gifted us! And, we, here at ESC have so much to be grateful for, YOU. Your gifts of support have blessed us all. Thank you so much.

This holiday season let's catch the fire of Spirit. The imagination, action and form of God, the whole God package, is accessible right here and right now.

Thanksgiving is not only a time to celebrate great family traditions and memories, but to also create new traditions through the love and connection of the heart. John F. Kennedy stated, "As we express our gratitude, we must never forget that the highest appre-

ciation is not to utter words, but to live by them."

At the heart of all spiritual growth and meaningful practice is our attitude and intent. The attitude we bring to our life, ourselves, and our spiritual path will be reflected in what it returns to us.

Among the many important attitudes is what I am calling the "the big three." If we anchor our life, our choices, our attitude and our practice in the big three, I believe we will have the inner strength and love we seek. The acronym: BIG, just remember to live BIG!

Blessing – bring a mindset of blessing to each struggle and situation we may encounter. This means to both look for the blessing in each situation and to bless what we struggle with – if it does not change the situation, it will change us.

Intention – attention follows focus and if we are clear in what we intend to be or create we will be more likely to find it, or attract it. Intention

also gives us a reference point for our decisions rather than us reacting to them, consider your intention, and then make your choice.

Gratitude – take time as often as you can to feel gratitude for whatever goodness there is in your life. Sometimes it may be for simple things and other times profound, but feeling thankful will help us look for the best in situations and bring out a sense of peace and contentment within.

Please join us for our Thanksgiving Eve service November 23 at 6:30 pm. We will have an opportunity to set our intention with thanksgiving for the next year, 2017.

May the sweet joy of appreciation and peace, as well as all of the wonderful benefits of health and healing be yours today.

In grateful love and appreciation,

Reverend Jymme Taylor



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THANKSGIVING EVE SERVICE

Wednesday, November 23 6:30pm

A ceremony for each person, with a grateful heart, to set their intention for the coming year.

2017 is almost here—Let's be ready.



Practitioners' Corner

A Time of Thanksgiving

The holiday season is upon us, with all its busyness, deadlines and socializing. But before totally devolving into the frantic activities of the October to December months, stop and take a deep calming breath. Take a mini vacation into your quiet place. Feel the presence of nature, sunshine, gentle breezes, love and God. Now consider the everyday wonders surrounding you—caring family and friends, abundance, happy surprises, a long moment of feeling good or re-tasting a treasured family dish.

Think about the environment and souls involved in the process of providing you with all this. For example, a favorite recipe might include the rich earth that gave soil and nutrients to grow, sun and rain to nurture it, farmers and workers to tend to the plant's needs, those working the fields to harvest it, plant laborers who washed and packed them, markets to make the produce available, you or others who find the perfect selection, family who prepare and present it, and relatives and friends to savor the shared dish. So much to be grateful for, so many to thank!

As you move through the days,

be open to all the opportunities you encounter for simple gratitude. Offer a prayer of thankfulness for your life, food, shelter, clothes, family and friends. An attitude of gratitude brings attention outside ourselves, positive thoughts and a sense of well-being. What a perfect time to share this abundance with others. Volunteering time to help those in need, or providing a caring hand and heart are ways we can share our love and demonstrate our heartfelt gratitude.

May you enjoy a blessed and fruitful Thanksgiving!

Monica Weisberg, ESCSP

Let's Worry Good

Have you ever thought it just might be possible to worry about good stuff? Those nights when we have laid awake with the mind running wild on negative possibilities, did we ever stop to think to turn our attention to the good that could happen? It is just an idea that might work. We have control of our mind and what we think about. I realize that doesn't always seem like that is the truth, however, it is. We can stop whatever is going round and round on the hamster wheel, we call our conscious mind, and turn our worry to something good.

One of the first things I learned when I came to Religious Science was simply say with force, "STOP!" when I was having negative thoughts about anything. I wasn't sure it would

work, but it did. It just stops the Whirling Dervish going on in our mind and allows our minds to think on something else.

Ernest Holmes wrote, "When a problem confronts me, I take it into the silence of my consciousness. Instead of thinking of the problem, I think of the answer." The trick is to get the mind to STOP the direction it is going and move toward a more positive string of thoughts. When we say STOP it gives a moment to experience the presence of the void, or the silence Ernest spoke of in his quote. Then we have the opportunity to change the pattern and think on the good that could happen. It takes a little practice, but after a couple of times, when you see and feel the shift—you will be sold.

Each new minute is an op-

portunity to think anew. It is only our mind that holds onto the previous minute and thoughts. What we do with the new minute is up to us. We are in charge. When we recognize a negative pattern of thought—just say STOP and be aware of the void you created—then slip a positive statement into that void. You might have to do it a couple of times, but once you experience it you can build a new pattern. And maybe next time instead of worrying on the negative you will worry on the positive. Remember, your thoughts create your reality. Make a conscious effort to change your thinking process and with good worrying you will create a more positive life.

STOP the old and let's worry good!!!

Reverend Fran Williams

Ministry of Prayer



Ministry of Prayer — The Ministers and Practitioners are here to serve you with prayer. Prayer request slips are on the table next to the Prayer Chest. Each request is confidential. This powerful tool for healing can be utilized everyday. You need not wait until Sunday. Simply call 805.651.0361 and leave a message or go to the website at emergingspirits.org. You may also call one of the Practitioners and talk with them personally. Your request will be put on the prayer circuit immediately, and all you need do is let go and let the healing be revealed.

Rev. Jymme Taylor	805.651.0361
Jim Brown	805.488.8849
Marlene Brown	805.488.8849
Lorraine Patch	805.672.0088
Monica Weisberg	805.672.0088

There is no charge for this service, however, a contribution may be made to the Ministry of Prayer.

Board of Trustees

Rev. Jymme Taylor	805.651.0361	Gilli McPherson	805.760.1601
Lorraine Patch	805.672.0088	Dolores Powell	805.984.1957
Jim Brown	805.488.8849	Phyllis Pepe	805.526.2548
		Peter Shea	203.815.0791

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Set clocks back 1 hour → Saturday, November 5		1 6:30p A Course In Miracles	2	3	4	5 10a Crafting Workshop Set clocks back 1 hour
6 12 noon Sunday Service	7	8 6:30p A Course In Miracles	9	10	11 6:30p Movie Night	12 10a Open Board Mtg. 5p Timber Hawkeye
13 12 noon Sunday Service	14	15 6:30p A Course In Miracles	16	17	18	19 10a-3p ESC Holiday Bazaar
20 12 noon Sunday Service & Potluck	21	22 6:30p A Course In Miracles	23 6:30p THANKSGIVING EVE SERVICE	24 	25	26
27 12 noon Sunday Service	28	29 6:30p A Course In Miracles	30			



Emerging Spirits Center
A new thought church

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Email: growwithus@emergingspirits.org

VISIT US ON THE WEB:
emergingspirits.org or
Facebook
For all the current
happenings

**Come grow with us...
Sundays at Noon**

*ESC Holiday Bazaar
and Plant Sale*

Saturday Nov. 19th

10-3 p.m.

Affordable Holiday wreaths,
decorated trees, gift baskets,
centerpieces and much more!!
Thanksgiving décor too!
Gifts starting from \$5 and up!!

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