#### VOLUME 3 ISSUE 10



### **Reverend Jymmisms**

It seems that you can almost feel, sence, even smell the changing of the season. Fall is here. The fields are being prepared for harvest, and the hills of Camarillo and the fields of Ventura and Oxnard are polka dotted with orange! Everything is "Pumpkin," from lattes, candles and cookies, and if you add a little cinnamon or cloves you'll feel Christmas right around the corner.





October is here! Hello Halloween! We will all descend on Heather's house (above) and begin the season festivities. Terra is so creative and the house begs to be celebrated on Halloween. It is our family's favorite holiday. First it's off to the

# Emerging Spirits Happy-nings

pumpkin farms, then schedule a day for "Pumpkin D' Day," as dozens of pumpkins are carved, seeds are roasted, goodies are shared. Then the house is decorated. Something Wicked This Way Comes, Young Frankenstein and Charlie Brown's "The Big Pumpkin" is watched and then it's off to add finishing touches to costumes before the big day arrives!

In Nature, the leaves bud in spring, grow abundantly during the summer and as fall arrives they change color, fall to the forest floor to become nourishment with the soil for the long winter months.

Spiritually, like the trees in fall, we release and let go of the old negative energies and adapt and prepare, for change. And like the roots of the trees, we extend into the rich soil of our soul with self-reflection, contemplation, meditation and embrace who we are. Nature is immortal and so are we.

This time also symbolizes balance between light and darkness, masculine and feminine energy, what is called for is balance. Thanking Alma Korn for bringing Tai Chi to the Center, to balance the body on Tuesdays and Fridays, and that leaves Sundays for us to learn to balance time, practice going within, contemplation, meditation and prayer. Happy Harvest time!!

"God Thoughts and a Good Harvest" from Ernest Holmes: "A good tree produces good fruit, so good thoughts bear a harvest of good deeds, while evil consumes itself in the flame of its own fire. If a person's life produces good deeds, then the person is themselves good; and this, no matter what their particular religious belief may or may not be. The mouth speaks from the heart.

It is impossible for a person to conceal themselves. In every act, word, or gesture, we stand revealed as we are, and not as we would have ourselves appear to be. From the universe, nothing is or can be hidden; the very walls have ears and the mirror of life cannot help reflecting back to us that which we really are.

Jesus plainly tells us that we are held accountable for the very words which we speak. No man ever lived who placed a greater power in the word. By our words we are justified or condemned."

Reverend Jymme Taylor, MA

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## Practitioners' Corner

"We know only too well that what we are doing is nothing more than a drop in the ocean. But if the drop were not there, the ocean would be missing something."

-Mother Theresa

It's October, a time of harvest. Being we live in a beach community, why not harvest from our local bounty. Let's glean the wise lessons from the Ocean.

Life is like the ocean – it moves us, shapes us, supports us, and awakens us to new shores. And ultimately, life teaches us to be like water ourselves – strong yet calm, steady yet yielding, subtle yet beautiful.

The ocean is continually in a state of motion. Calm or

stormy, no matter the weather, the current is always flowing. The ocean's waters never stay in the same spot for too long. Be inspired by the ocean's steady current; keep moving toward our desires.

The ocean tides rise and fall. The moon determines this ebb & flow. The ocean doesn't resist the pull of forces greater than itself; it understands that constant change is simply a part of life. Accept the changes that come our way; Trust in God.

The ocean's abundance is all around us; a vast and limitless ocean there to be enjoyed. So will we take a thimble or a bucket down to the ocean to fill our good? After all, it makes no difference to the ocean. Live in the Law of Circulation & Abundance; recognize the good in all things. The ocean doesn't just exist on its own. It's part of an entire water cycle and an entire network of life. And so are each of us. Remember we are One in the Wholeness of All there is.

Be purposeful. Even the smallest creature on the ocean floor has a purpose in the greater picture. Let every action no matter how small be one of intention and meaning.

Sometimes it is important to step away from our current situation and just be in nature's serenity. Tap into your inner ocean, give in to its waters and just be.

The ocean is beautiful and so are we! Catch the sunlight. Shimmer under the moon. Rise and be seen! Go with the Flow! Happy Harvest!

Marlene Brown, ESCSP

### Life Celebration for Barry Turnbull



### Wednesday, October 4 at 5pm at Emerging Sprits Center

A showing of "Field of Dreams" will follow Ceremony

I had known Barry for about 30 years. He was a practitioner at the Ventura Church of Religious Science which is now Center for Spiritual living on Santa Clara. The minister at the time was Don Welsh. Barry grew up in and around Whitter the same time I grew up in Covina and we both lis-

tened to the same radio stations of that time and the music. We both had a love for Disneyland. I believe if he could he would have loved to live in and work at Disneyland. Barry lived life with childlike awe. I know his childhood was traumatic and he longed for simpler days of the 50's. He was a local radio star here in Ventura and everyone far and near acknowledges his wide reaching range of sports trivia, especially baseball, his favorites, the L.A. Angels. Radio was Barry's area of expertise in which he thrived. He met and married Kathleen 1998, his love and light, a nurse, who also became a care giver to Barry in recent years. His furry children, Angel and Angus, kept his heart light. He suffered a series of TIAs, transient ischemic attack, mini strokes and his speech was affected, combined with sugar diabetes and heart challenges, his health waned. Walking was a chore for Barry he was born with (Congenital Talipes Equinovarus) Club Foot, which went uncorrected as a child and was in the process of correcting, with huge cumbersome boots.

Barry passed in his sleep, gently and quietly, which I am so happy for. I believe we are transformed when our soul leaves this plane, and we are enveloped in light and love. Barry is that—he's not only calling the games, he's running, playing and coaching them! He's riding every ride and taking part in all of Disneyland's events. He is rocking and rolling with the best of them, and he reaches his long arms around Kathleen and his furry kids keeping them safe sending them love.

#### EMERGING SPIRITS HAPPY-NINGS

## Senior Tai Chi at Emerging Spirits Center



## Tuesdays & Fridays 11am to 12:30pm

A federal grant received by the City of Oxnard and its RSVP program funds the free exercise classes, which are being offered in partnership with the Ventura County Area Agency on Aging. ESC is hosting this

fabulous free program.

Tai Chi: Moving for Better Balance follows curriculum developed at the Oregon Research Institute (in Oregon) where studies showed improved strength and balance, increased mobility and reduced incidence of falls among seniors who participated in the classes.

The 12-week evidence-based program consists of a core eight-form routine of Yang-style Tai Chi with built-in exercise variations. It teaches participants balance skills and good body alignment by using coordinated and flowing movements. Much as they do in RSVP's popular Bone Builders classes, it is expected participants will form friendships, providing a fun, social atmosphere around the classes.

| Sunday  | Monday  | Tuesday  | Wednesday | Thursday                            | Friday  | Saturday                                      |
|---|---|--|-----------|-------------------------------------|---|---|
| 1 <i>12 noon</i><br>Sunday<br>Service                   | <b>2 6p</b><br>Intro to<br>Writing            | <b>3 11a</b><br>Tai Chi<br>6:30p<br>ACIM                                   | 4         | 5 12 noon<br>The Joy of<br>Writing  | 6 11a<br>Tai Chi<br>1p Open<br>Board Mtg.                     | 7   |
| 8 12 noon<br>Sunday<br>Service<br><sub>Member</sub> Mtg | 9   | 10 11a<br>Tai Chi<br>6:30p<br>A Course<br>In Miracles                      | 11        | 12                                  | <b>13</b> 11a<br>Tai Chi<br>6p<br>Movie Night<br>Rocky Horror | 14 10a<br>Group<br>6p Timber<br>Hawkeye       |
| 15 <i>12 noon</i><br>Sunday<br>Service                  | <b>16 <i>6p</i></b><br>Intro to<br>Writing    | <b>17</b> <i>11a</i><br><b>Tai Chi</b><br>6:30p<br>A Course<br>In Miracles | 18        | 19 12 noon<br>The Joy of<br>Writing | 20 <i>11a</i><br>Tai Chi                                      | 21 <i>10a</i><br>Creative<br>Arts<br>Showcase |
| 22 <i>12 noon</i><br>Sunday<br>Service                  | 23  | <b>24</b> <i>11a</i><br><b>Tai Chi</b><br>6:30p<br>A Course<br>In Miracles | 25        | 26                                  | 27 11a<br>Tai Chi<br>6p<br>Movie Night<br>Wonder Woman        | 28  |
| 2912 noon<br>Sunday<br>Service<br>Potluek &<br>Costumes | <b>30 16 <i>6p</i></b><br>Intro to<br>Writing | <b>31</b> <i>11a</i><br><b>Tai Chi</b><br>6:30p<br>A Course<br>In Miracles | Vet       | obei                                | 26  |   |



#### EMERGING SPIRITS HAPPY-NINGS

October 2017

OCTOBER 2017



*Emerging Spirits Center* A new thought church

4601 Telephone Road, Suite 113 Ventura CA 93003 In the Telemark Building Telephone: 805.651.0361 Email: growwithus@emerginspirits.org

> VISIT US ON THE WEB: emergingspirits.org or Facebook For all the current happenings

## Come grow with us... Sundays at Noon

EMERGING SPIRITS HAPPY-NINGS

At Emerging Spirits Center these people are here to serve YOU

#### Board of Trustees:

| Rev. Jymme Taylor     | 805.651.0361 |
|-----------------------|--------------|
| Lorraine Patch (Pres) | 805.672.0088 |
| Jim Brown             | 805.488.8849 |
| Gilli McPherson       | 805.760.1601 |
| Phyllis Pepe          | 805.526.2548 |
| Dolores Powell        | 805.984.1957 |

## ESC Practitioners

| al your service:                    |              |  |  |  |  |
|-------------------------------------|--------------|--|--|--|--|
| Rev. Jymme Taylor                   | 805.651.0361 |  |  |  |  |
| Jim Brown                           | 805.488.8849 |  |  |  |  |
| Marlene Brown                       | 805.488.8849 |  |  |  |  |
| Lorraine Patch                      | 805.672.0088 |  |  |  |  |
| Monica Weisberg                     | 805.672.0088 |  |  |  |  |
| Give them a call to request prayer. |              |  |  |  |  |

ESC CREATIVE ARTS SHOWCASE

## & FUNDRAISER Saturday, October 21 10am to 2pm

Many highly creative people at our Center will be sharing their talents in: Photography, Painting, Sculpture, Weaving, Quilting and Writing to name a few. Items will be available for viewing and some for love donations.

Tasty treats and coffee (potluck) will be provided as you browse.

A perfect chance for early holiday shopping.